

TREAT & RESPECT YOUR BODY THE NATURAL WAY
WITH dōTERRA ESSENTIAL OILS



Health & Wellbeing

\$140

**PETAL DIFFUSER
ON GUARD OIL BLEND
LEMON OIL
MELALUCA OIL**

HELP SUPPORT YOUR IMMUNE SYSTEM BY DIFFUSING 4 DROPS OF ON GUARD OIL IN YOUR ROOM OR WORKPLACE...ADD ONE DROP OF LEMON OIL TO YOUR MORNING GLASS OF WATER FOR TO NATURALLY CLEANSE THE BODY AND AID DIGESTION WHILE SUPPORTING HEALTHY RESPIRATORY FUNCTION...RUB A DROP OF MELALUCA OIL ON THE SOLES OF YOUR FEET AFTER YOUR SHOWER TO PROMOTE HEALTHY IMMUNE FUNCTION

Spa Pamper Package

\$145

**PETAL DIFFUSER
LAVENDER PEACE OIL BLEND
GERANIUM OIL
EPSOM SALTS**

RELAX AND UNWIND...
TREAT YOURSELF TO AN EPSOM SALT BATH WITH 3 DROPS OF GERANIUM ESSENTIAL OIL FOR A CALMING EFFECT & SUPPORTING EMOTIONAL BALANCE, KEEPS YOUR SKIN AND HAIR LOOKING HEALTHY ... DIFFUSE LAVENDER PEACE FOR A GOOD NIGHTS SLEEP AND KEEP YOUR NERVES AT BAY ON THE BIG DAY

Feed Your Hair

\$95

**ROSEMARY OIL
PEPPERMINT OIL
ROOT TO TIP SERUM**

ALTERNATE A DROP OF ROSEMARY OR PEPPERMINT OIL TO YOUR FAVOURITE SHAMPOO OR CONDITIONER AND MASSAGE INTO YOUR SCALP TO PROMOTE HAIR HEALTH AND GROWTH...APPLY THE ROOT TO TIP SERUM TO WET HAIR AND BRUSH THROUGH TO PROMTE A HEALTHY SCALP WHILE NOURISHING THE HAIR FOR A SMOOTH AND SHINY APPEARANCE

Body & Fitness

\$150

**PETAL DIFFUSER
CITRUS BLISS OIL BLEND
SLIM & SASSY OIL BLEND
ICE BLUE ATHLETIC RUB**

BEGIN YOUR ACTION PACKED DAY BY DIFFUSING 4 DROPS OF CITRUS BLISS TO GIVE YOU THAT ENERGETIC BOOST...BEFORE AND AFTER YOUR DAILY WORKOUTS RUB THE ICE BLUE ATHLETIC CREAM INTO YOUR SORE MUSCLES OR BEHIND YOUR NECK TO ASSIST HEADACHES...ADD ONE DROP OF THE SLIM AND SASSY MELABOLIC BLEND TO A GLASS OF WATER TO HELP MANAGE THOSE SECOND COFFEE OR SUGAR CRAVINGS AND PROVIDE A REVITALISING ENERGY BOOST YOU MIGHT NEED

Nourish Your Skin

\$100

**VERAGE SKIN CARE KIT
* CLEANSER
* TONER
* HYDRATING SERUM
* MOISTURISER**

SPOIL YOURSELF WITH A SPA EXPERIENCE EVERYDAY AT HOME BY USING THE VERAGE SKIN CARE COLLECTION CONTAINING ONLY THE BEST NATURAL INGREDIENTS OF DOTERRA ESSENTIAL OILS, EMOLLIENTS, AND PLANT EXTRACTS THAT WILL LEAVE SKIN FEELING NOURISHED AND HYDRATED WHILE ENCOURAGING CONFIDENCE THROUGH REDUCED SIGNS OF VISIBLE AGING

Variations to these packages are available upon request. direct Postage will be calculated individually.
For more product information please contact me or follow the link below
www.mydoterra.com/gemmaosborn

I look forward to sharing my love of essential oils with you and hope you enjoy your experience too.

Love and best wishes,
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